

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-17 (Canceled)

18. (Currently amended) A computer-aided method for improving a user's emotional state comprising:
- a. receiving from the user:
 - i. attributes of emotion perceived as influencing his general emotional state,
 - ii. a weighting factor for each of said attributes of emotion representing a degree of influence each of said attributes of emotion bears on his general emotional state,
 - b. receiving from the user an emotion feeling input representing the emotion feeling of the user at a particular moment,
 - c. applying ~~an~~ a first algorithm to the attributes of emotions and the associated weighting factors inputted by the user so as to convert the emotional feeling inputted by the user into a happiness-index reflective of the emotional feeling, the attributes of emotion, and the weighting factors inputted by the user, said emotion feeling input so as to generate a happiness index reflective of said user inputted attributes of emotions and said associated weighting factors, and
 - d. ~~providing a recommendation~~ formulating a recommended course of action for the improvement of the user's emotional state ~~by applying a second algorithm to based on said happiness-index and to a database of treatment options associated with the attributes of emotion received from the user.~~

19. (Previously Presented) The computer-aided method for improving a user's emotional state of claim 18 wherein said receiving attribute of emotion includes receiving said attributes of emotion as a written input.
20. (Previously Presented) The computer-aided method for improving a user's emotional state of claim 19 wherein said receiving attribute of emotion includes receiving said attribute of emotion as a written input selected from a written list of emotional attributes.
21. (Previously Presented) The computer-aided method for improving a user's emotional state of claim 18 wherein said receiving attribute of emotion includes receiving said attribute of emotion as a verbal input.
22. (Previously Presented) The computer-aided method for improving a user's emotional state of claim 18 wherein said happiness-index is expressed in terms of a visual representation of rating enabling comparison to other generated happiness-indexes.
23. (Currently Amended) The computer-aided method for improving a user's emotional state of claim 18 wherein said ~~representation of rating happiness-index~~ happiness-index is expressed in terms of an audiovisual presentation.
24. (Previously Presented) The computer-aided method of claim 18 wherein said providing a recommendation includes providing said recommendation drawn from a data base containing an emotional profile similar to that of the user.
25. (Previously Presented) The computer-aided method of claim 18 wherein said providing a recommendation includes providing an interactive communications link to a qualified psychological professional who provides said recommendation.
26. (Previously Presented) The computer-aided method of claim 18 wherein said providing a recommendation includes providing an interactive

communications link to a group of individuals that provides support and assistance.

27. (Previously Presented) The computer-aided method of claim 18 further comprising receiving updated attributes of emotion and associated weighting factors to be used by said algorithm in future happiness-index calculations.

28. (Previously Presented) The computer-aided method of claim 18 further comprising storing said inputted attributes of emotion, said associated weighting factors, said inputted emotional feeling and said recommendations into a collective emotional-profile data bank for the sake of improving future recommendations.